

Woman's Page

JOTTINGS FROM A Housekeeper's NOTE BOOK

Though most housewives who make their homes in city apartments prefer a gas cooking stove to one which burns coal because of the compactness of the gas arrangement, this is not always true of those women who live in the suburbs or those who live in a house even here in the city. Some are of the opinion that no new fashioned stove can take the place of the old, reliable one which burns coal and that food cooked over or under gas never tastes the same as when cooked in the old fashioned way.

If you happen to be one who holds this opinion you may welcome a few suggestions on the best method of keeping a coal stove in good condition.

The Kitchen Range.

When deciding on a kitchen range it should certainly be made with a movable grate, so that a large or small fire may be kept in at will. In the average home the kitchen range is used to heat water, to cook by, and to warm the kitchen, and by a system of dampers the heat can be directed to a boiler or oven at will, and it is of great importance that the chimney and the flues should be kept clean, and if the flues of a chimney are choked with soot far more coal must be used to obtain the necessary heat than would otherwise be the case.

So, when the bath water will not heat, inquire into the state of the range, but before accusing the kitchen maid or cook of carelessness it is well to note that some water systems are defective, and that sometimes when the wind is in a certain quarter the cook may find great difficulty in making the stove "draw" properly.

To clean a kitchen range begin by opening the dampers and top flues. Place the flue brush in the latter in turn and work it round and round to make the soot fall. Then open the dampers on the top of the hot plate and wash and scrape in every direction with brush and scraper, and brush as much soot as possible into the dust pan. Now attack the side flues of the stove and clean, and then clean out the grate. The position of the flues and their number vary in different kinds of grates, but the principle of working downward applies to all.

Household Helps.

Carrots, boiled and mashed, are a good substitute for pumpkin pies. Clothespins will not freeze to the line if they are first boiled in strong salt water and then dried.

Hot water bottles can be mended with the patches used for mending inner tubes of an automobile.

When frying doughnuts or oysters in deep fat, a pared potato dropped into the boiling grease will keep it from burning.

Odds and Ends.

There is a revival of the leather belt with buckles of gold or silver studded with colored stones. Satin belts, too, have these buckles.

Paisley colors are effectively painted on tan suede belts. Sash belts of satin, on the front, and Chinese tassels on the ends, are very new. A very pretty crushed belt of silver ribbon is trimmed with colored chenille flowers.

Gold lace and gold buttons are used frequently to trim collars of Georgette crepe.

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WHAT HE'D PRESCRIBE.

Friend—I suppose if people would just what you tell them they would have a great deal less trouble.

Doctor—Yes, indeed. I would tell them to settle their accounts.

—Boston Transcript.

As Pure As the Lilly

and as clear and soft. Your skin and complexion will always have wonderful transparent lily white appearance if you will constantly use

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Send 10c for Trial Size

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and the dampers must be shut after the top flues are finished, or the draught will draw the soot up the chimney.

Wash Well.

The oven shelves should now be taken out and washed with soda and water, and the inside of the oven as well. The black part of the range is then leaded or polished and the bright part cleaned with the finest sandpaper or powdered bathbrick, applied on a cloth dipped in oil or paraffin. Then wipe and polish with a leather. If the bright parts are plated then they only need washing with soap and polishing.

The oven should be wiped out after roasting and when cool—a crumpled-up newspaper serves for this—and washed about three times a week. Any grease spilled anywhere should be wiped up at once, and if this is done, as a rule, if the outside of the range is cleaned three or four times a week, the result is satisfactory. Flue and stove cleaning is a lengthy and dirty task and necessitates early rising, and is naturally unpopular.

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HEALTH TALKS

By WILLIAM BRADY, M.D.

Where Round Worms Come From

Our friend the fishwife, who tries to advise upon every case of illness among children, assumes that worms grow like Topsy, without parentage or bringing up. She is generous enough, however, to provide favorable nutrition for the worms she wishes on poor innocent children, for nothing pleases the fishwife's imagination better than the notion that sugar and sweets "make worms." Of course any intelligent parent knows that a child craves and must have plenty of sugar and sweets; that sugar constitutes the chief element in a baby's natural food; and that sugar is one of the most wholesome, strength-giving and digestible foods a child or adult can take.

Dr. F. H. Stewart has made a scientific investigation of the life of the ordinary round worm, which is frequently an intestinal parasite in child or adult. His investigation was described in a recent contribution to the *British Medical Journal*, a standard periodical with no weakness for indulging in gossip. He found that the eggs of the worm, microscopic in size, pass out of the intestinal canal of the human host into a sewer, let us say. They are swallowed by mice and rats. The eggs hatch in the rodent's stomach, and the young larvae penetrate the stomach wall and enter the veins, through which they are carried to the lungs by the blood. They pass into the air cells and thence into the bronchial tubes of the rodents, thus reaching the saliva about eight days after the eggs were swallowed. The larvae in the saliva of the rat or mouse are deposited on articles of food to which the vermin may have access.

Thus mice and rats are probably general agents in the infection of human beings with the common round worm (*Ascaris lumbricoides*). So when the fishwife of your neighborhood drops in to assure you little Johnny has worms, when he is coming down with tonsillitis, acidosis or measles, don't regret all the good cookies and cake and candy he has had for dessert. Say: "Rats!"

QUESTIONS AND ANSWERS

Discharge the Fishwife.

I wish you would tell me frankly what you think. I am nursing a baby three weeks old. There is a sore, tender, rather hardened area the size of an egg above and at one side of the breast. I also feel chilly by turns for the past three days. My nurse says I have taken cold in the breast by going out too soon. Can that be true? What shall I do? (Mrs. O. B. T.)

ANSWER.—Better send for your doctor. You are probably preparing to have an abscess. Uncleanliness of the nurse not unlikely responsible—the nurse can always be charged to "taking cold."

Ill With An Illusion.

Kindly state your opinion of a course of gentle massage for a person who has been confined to bed for several years with a heart trouble called myocarditis. She is very sensitive to being touched and fears the massage will disturb her too much. (A. E.)

ANSWER.—Do not advise it. Rather passive movements, succeeded by active movements, very gently and very gradually increased from week to week, until you get the patient up in chair and out in the air every day. If myocarditis alone is concerned (which means diseased or weakened heart muscle), there seems no real reason why massage should be contraindicated. I fear there is need of mental treatment to rid her of her illusion.

UTAH FARMERS TO BE STIMULATED

(Salt Lake Tribune.)

Potatoes and red onions are not the only vegetables, succulent and odorless in demand in Utah. With the lure held out by the request of the mayor's committee of New York that Utah come to the rescue of the metropolis and high cash prices to be paid for vegetables delivered, interest in agriculture is taking a pronounced advance.

Immediately upon receipt of the telegram from New York, J. Edward Taylor, secretary of the state horticultural commission, sent out carbon copies to every handler of produce on a large scale in Utah. These agencies also evidently gave the demand publicity, judging from reports from various counties as to the activities of local farm bureaus and others.

Carbon county farmers have been offered an opportunity to grow a profitable crop with an assured market this year for a Salt Lake firm, the Rose Pickle and Vinegar company, which has written Viegas Brothers of Carbon county to endeavor to secure an acreage of cabbage near Price to fill ten cars. C. B. Eddington of Salt Lake is shortly to visit Carbon county to secure increased acreage this year.

Plan New Cannery.

Tremonton expects to have a vegetable cannery factory next year. The only stipulation imposed by those interested in the movement is that the farmers this year contract for 200 or more acres of tomatoes. In this event a loading station will be provided and, according to James Anderson, manager of the Morgan Cannery company, \$11 a ton will be paid for tomatoes this fall. Banking arrangements are said to have been made to pay for all tomatoes bought on October 15. According to Manager Anderson, the territory around Tremonton is ideal for a new cannery factory, because of the variety of products suitable for canning which can be grown. The advance in the price of canned goods is another incentive for the establishment of a factory in this, and possibly other, districts in Utah the present year. The advancement of the canning industry has been one of the lines of work occupying much of the attention of the state horticultural commission recently.

Word from Box Elder county is to the effect that membership of the farm bureaus of the county is growing rapidly as a result of the recently increased interest due to the increase in price and demand the country over for food products.

Will Build Sites.

In addition to the county farm bureau, there are now thirteen local farm bureaus fully organized, and it is expected that within a week at least six more will be actively at work.

In some districts three projects have been chosen to develop and in others as high as five. Dairying is one of the major projects.

Plans are announced for the construction of a number of silos in Box Elder county this spring and summer. No less than eighteen farmers are said to have these storage facilities under consideration. The significance of the silo building is that it will encourage the growing of more corn, which will increase feeding facilities and enable the farmers to have more livestock. As the result of the ravages of the alfalfa weevil it is stated that there may be a shortage of feed unless corn-growing is encouraged in every possible manner.

Permission of the state horticultural commission and of other state officials interested, including the state fair board, has been asked to permit the Brigham City Commercial club to have for exhibition purposes the prepared fruit exhibit used at the late state fair and which is now housed, or rather stored, in the basement of the capitol. The Brigham City Commercial club has room for the display at its quarters. The request is made by E. M. Tyson, president of the club, and Carl Isaacson, horticultural inspector for the county.

COMB SAGE TEA IN FADED OR GRAY HAIR

If Mixed with Sulphur it Darkens so Naturally Nobody can Tell.

Grandmother kept her hair beautifully darkened, glossy and attractive with a brew of Sage Tea and Sulphur. Whenever her hair took on that dull, faded or streaked appearance this simple mixture was applied with wonderful effect. By asking at any drug store for "Weyth's Sage and Sulphur Compound," you will get a large bottle of this old-time recipe, improved by the addition of other ingredients, all ready to use, for about 50 cents. This simple mixture can be depended upon to restore natural color and beauty to the hair.

A well-known downtown druggist says everybody uses Weyth's Sage and Sulphur Compound and because it darkens so naturally and evenly that nobody can tell it has been applied—it is so easy to use, too. Simply dampen a comb or soft brush and draw it through your hair, taking one strand at a time. By morning the gray hair disappears; after another application or two, it is restored to its natural color and looks glossy, soft and beautiful. This preparation is a delightful toilet requisite. It is not intended for the cure, mitigation or prevention of disease.—Advertisement.

Free Souvenir Photos

No serial pictures at Utah Theatre. Robert Warwick and Doris Kenyon in "A Girl's Folly" Popular Plays and Players. Phone 3060.

The greatest serial ever produced, thus spoke the Chicago Tribune about "Captivating Mary Carstairs," appearing in tomorrow's Standard.

SHE'LL BE CENTER OF ATTENTION SOON



Hon. Jeannette Rankin.

This is a new picture of the Hon. Jeannette Rankin, congresswoman-at-large from Montana, who is now in the east. If President Wilson calls an extra session of congress she will not only attend, but she will in all likelihood be watched with greater interest than any other member of that august body.

BEAUTY MAY WIN HISTORIC TITLE



The Hon. Mrs. Robert Bruce.

The historic title of Earl of Elgin, owing to the recent death of the ninth earl, ex-viceroy of India, is now borne by his soldier son, formerly Lord Bruce, a major in the Highland Royal artillery, who has been at the front for some time. Should the present Lord Elgin be killed his title would go to his younger brother, Captain Robert Bruce, whose pretty wife is up to her eyes in various forms of helpful work connected with the war.

CACHE VALLEY TO WELCOME TROOPS

Logan, March 5.—The Commercial club is taking the initiative in preparing a big patriotic demonstration and reception for the homecoming of Troop H. It is expected that the troop will arrive here about Thursday, at 2 p. m., at which time a parade will be formed at the depot and march through the business sections to the tabernacle. The students of the colleges, academy and all the public school children, as well as every mayor and many prominent citizens of the county, will be in the parade. Lewiston, Richmond, Smithfield, Logan, Providence, Hyrum and Wellsville will also be represented in the parade by their bands.

After the parade a public meeting will be held in the tabernacle, where an interesting program will be rendered and members of the troop heard from. In the evening a patriotic ball for the public and a reception for the troop will be given. The auditorium is being profusely decorated for the occasion.

Cache county is very proud of its soldiers, and because of the many disappointments in the matter of the boys returning home they will be gladly welcomed.

A part of the auditorium has been converted into an armory for the troop, while the horses will be kept at the fair grounds.

AGREEMENT IS MADE ON LOGAN WATER

The final terms of agreement between the trustees of the Utah Agricultural college, operators of the Logan river power plant, which supplies the state institutions with power for lighting and other purposes, and the Logan River Water Users' association were signed yesterday afternoon in the office of Dan B. Shields, attorney general.

The terms are to all intents and purposes the same as those agreed upon by the parties concerned and the state board of examiners a short time ago. In brief, they provide for the withdrawal of the litigation which has been pending for some time brought by the Thatcher Milling & Elevator company, the Logan-Northfield Irrigation company and others, who protested against the conditions existing at the reservoir and dam installed to provide power for the state school.

Under the new agreement the trustees of the Agricultural college agree to maintain the water at a height not to exceed 105.63 feet at the dam except in the irrigation season, when the height is to be not more 102.95 feet. Provision is made for the installation by the trustees of the necessary water-measuring devices and for fluctuation of the height between the limits named.

"Thinness to Plumpness!"

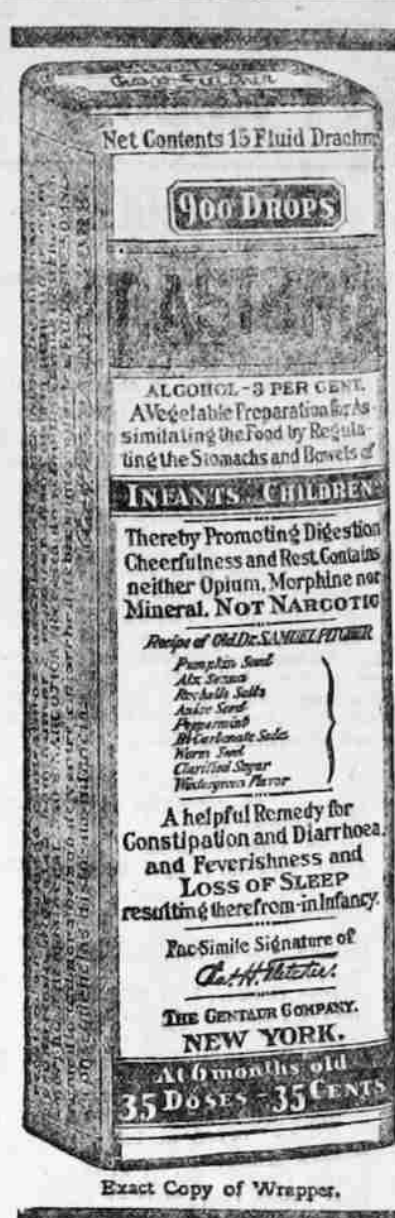
Offers Great Reward to Thin, Anemic, Bloodless Folks.

Says Hypo-Nuclene Tablets Increases Weight Steadily—and Proves It.

A Philadelphia physician writes: "Having had occasion to observe the marked effect of Hypo-Nuclene Tablets on one of my patients, I would be grateful for all information and samples for clinical purposes."

The patient wrote: "Having been changed from terrible thinness to a lovely plumpness, right under the eyes of my skeptical physician, I told him that Hypo-Nuclene Tablets did it, and now he is deeply interested in your little tablets."

The process of increasing nutrition is intricate, but the results are well-nigh certain. A salient extract from the yolk of eggs combined with hypophosphites, iron and simple vegetable tonics, when taken with the meals produce astounding changes, in nutritive processes and red blood with flesh-forming qualities soon bring the weight so much desired by thin, bloodless, anemic people, young or old. One or two packages will prove it for anyone. Sold by druggists.—(Advertisement)



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For Infants and Children.

Mothers Know That Genuine Castoria Always Bears the Signature of

Dr. J. C. Hathorn

In Use For Over Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

SENATE CAUCUS WILL BE HELD

President Appeals for Rule to Prevent Little Group From Making Government Helpless.

Tribune: Income tax advocates of the house of representatives have decided that they are not going to accept the compromise tax and revenue programme decided upon at a joint conference held at the Hotel Utah Sunday, and to this end called a house caucus behind closed doors at noon yesterday at which the subject was discussed.

The income tax advocates declare that the house decided at this caucus to refuse to accept the senate programme and to insist upon resurrection of the Page income tax bill, which was killed by the senate Saturday. Members of the conservative tax faction of the house say the house was divided fifty-fifty on the matter and that no actual decision was reached as to the course of the house in relation to the compromise tax plan.

Representative D. D. McKay of Weber, who is one of the leaders for an income tax bill, asked the governor to call a special session of the legislature immediately following the present session for the purpose of considering a tax programme and for the ultimate passage of an income tax bill. The governor gave him no answer on the matter, however. Mr. McKay declares that if a special session is called an income tax bill will be passed, and he was emphatic in his declaration that an income tax law will be enacted by this legislature.

McKay was the author of a motion before the caucus yesterday that the house stand flat-footed and solid in favor of an income tax bill and against the proposition of the senate and joint committee. Just what the result of the vote on this motion was is a matter of conjecture in view of the fact that about half the members say it was carried and the other half declare it was not carried and that the house stood about half and half on the matter of rejecting the compromise programme and insisting upon resurrection of the income tax bill.

The result is that the house is apparently in the air in regard to the matter and just what action will be taken on the senate programme when it reaches the house remains to be seen.

JUST FOR FUN

Greece has adopted a standard time that saves half an hour of daylight and brings the nation within the zone of Eastern European time.

A machine has been developed for spreading fine rock-dust on the passageways of bituminous mines, to prevent explosions of coal dust.

The Industrial Accident Board of Massachusetts, in its reply to the Legislature of 1917, strongly urges that the compensation act be made compulsory.

Texas unionists expect action on the eight-hour law, minimum wage and workmen's compensation, in addition to many other labor measures.

Gov. Samuel W. McCall of Massachusetts has recommended the immediate adoption by that State of two forms of social insurance—compulsory health insurance and a system of old-age pensions.

There were in January, 1916, 390 British labor exchanges controlled by divisional offices or clearing-houses and co-ordinated with a central clearing-house in London, the entire cost being borne by the Government.

CLASSIFIED.

Helless—I want every one to know that our engagement is broken.

All right. I'll have it put in the papers under the heading "Business Troubles."—Life.

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UTAH NATIONAL BANK

of Ogden,
Established 1883,
South East Corner 24th and Wash.

HARVARD MEN SAFE

New York, March 5.—The British steamship Andania, a Cunard liner, which left New York on Washington's birthday with 60 passengers, including a Harvard unit of American ambulance men, arrived safely in Liverpool today, according to cable advice.

NO WONDER.

Mrs. Crabshaw—Don't cry, Willie, I'm not going to punish you this time, for you hurried when I called you.

Willie—Good-bye, mamma, I fell downstairs.—Chicago Herald.

Learn To Prevent As Well As Heal Skin Troubles With Cuticura

How much better to prevent skin suffering by using Cuticura for every-day toilet purposes, the Soap to cleanse and purify the pores, with touches of Ointment now and then as needed to soothe and heal the first signs of eczemas, rashes, dandruff and pimples. You will use no other once you try them.

*** SAMPLES FREE ***

Address post-card: "Cuticura, Dept. 27, Boston." For sale by your druggist.



FIGHT AGAINST H. C. L.

The economical housewife finds that the use of Everfresh Soup Vegetables aids her in the fight against High Cost of Living.

Everfresh Soup Vegetables are Utah's finest vegetables with the moisture removed. Five vegetables are used in the right proportion of each for a perfect soup all ready for use.

In small packages, 10 cents for 10 plates.

For economy's sake buy it by the pounds. Retail 50c. One pound of Everfresh Soup Vegetable will make 80 plates of soup.